
Outcomes and Agenda

Outcomes

Review Social Emotional Learning Core Competencies

Explore how children develop Core Competencies through play

Discuss the teacher's role in supporting Social Emotional Development during play

Agenda

Connector: SEL Character

Overview

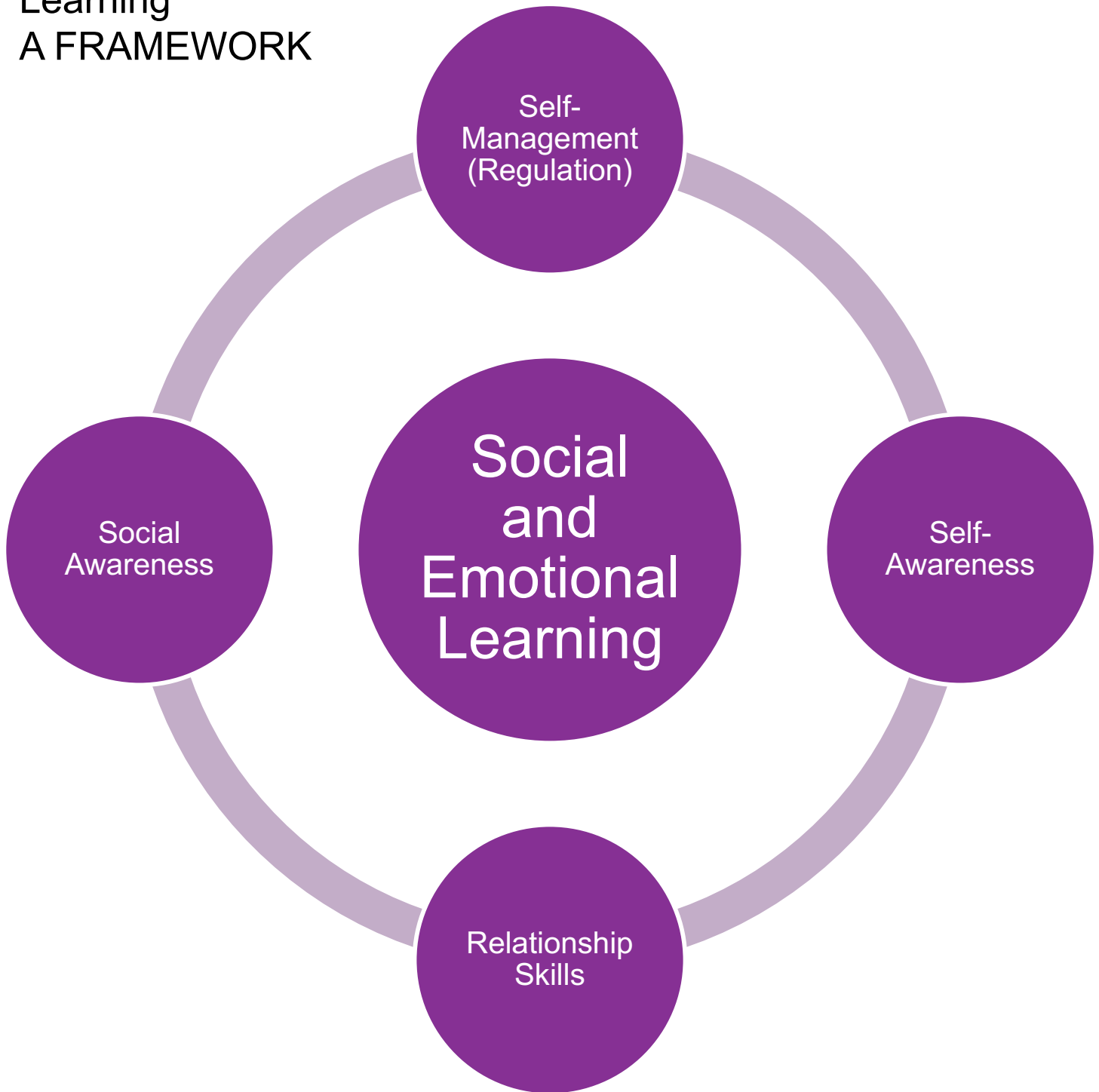
Social Emotional Learning Framework

Social Emotional Skills in Play

Solving Problems through Play

Closure

Social and Emotional Learning A FRAMEWORK



Adapted from CASEL: the Collaborative for Academic and Social Emotional Learning

Skills Sort

Self Management	Relationship Skills	Self Awareness	Social Awareness

How does play support SEL?

WHY PLAY?

When kids play they

- practice communication skills as they negotiate roles, try to join on-going play, and appreciate other's feelings.
- respond to other children's feelings as they wait for turns with toys.
- take on new roles and practice perspective taking.
- experience other people's points of view and must work through conflict.

Adapted from Isenberg, J. P., & Jalongo, M. R. (2006). Why is Play Important? Social and Emotional Development, Physical Development,

Types of Play

- Fantasy/Imaginative Play
- Constructive Play
- Games with Rules
- Rough-and-Tumble Play
- Language Play

Connecting Play and SEL

Type of Play	SEL Skills	Examples
Fantasy/ Imaginative Play		
Constructive Play		
Games with Rules		
Rough-and-Tumble Play		
Language Play		

Problem Pose / Play Solve Group

SOLVING PROBLEMS THROUGH PLAY

My Class SEL Goal	
Core Competency(ies) this goal Connects to	
Scenario depicting the need for this goal	
Play ideas to support students.	

Teaching Sessions to Promote SEL in Play

Students Need	SEL Core Competency	Lesson to teach
Problem solving and negotiating	Relationship Skills Responsible Decision Making	<ul style="list-style-type: none"> • Words to use to express a problem • Use a strategy like Rock, Paper, Scissors to decide who can go first • •
Help working together in a center	Relationship Skills	<ul style="list-style-type: none"> • Making job lists for center • Using books to find more roles for play (chef, waitress, customer) • Planning play before playing to include everyone • •
Understanding others' perspectives	Social Awareness	<ul style="list-style-type: none"> • Role playing familiar stories with puppets • Acting out stories with costumes • •
Understanding others' emotions	Social Awareness	<ul style="list-style-type: none"> • Making faces to express different emotions • Learning feeling words • •
Calming down	Self Management	<ul style="list-style-type: none"> • Slow breathing • Giving yourself a squeeze • •

My Next Steps

My Next Steps	
My SEL goal for my students	
SEL Core Competencies addressed	
Play strategies to address	
Lessons to teach to support play	